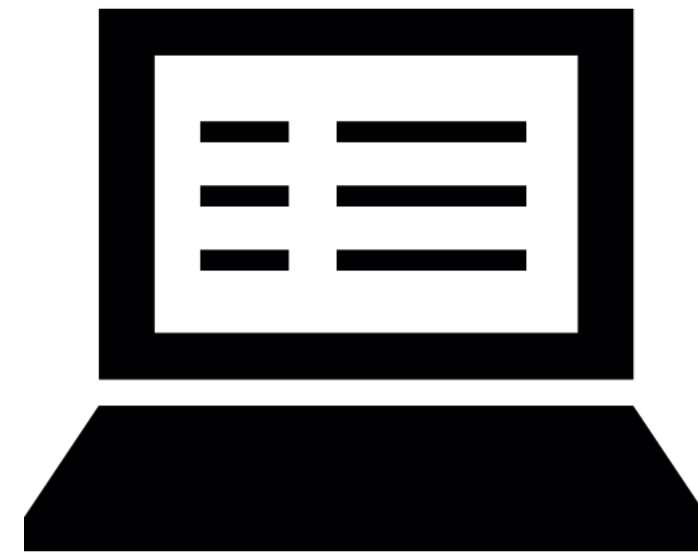


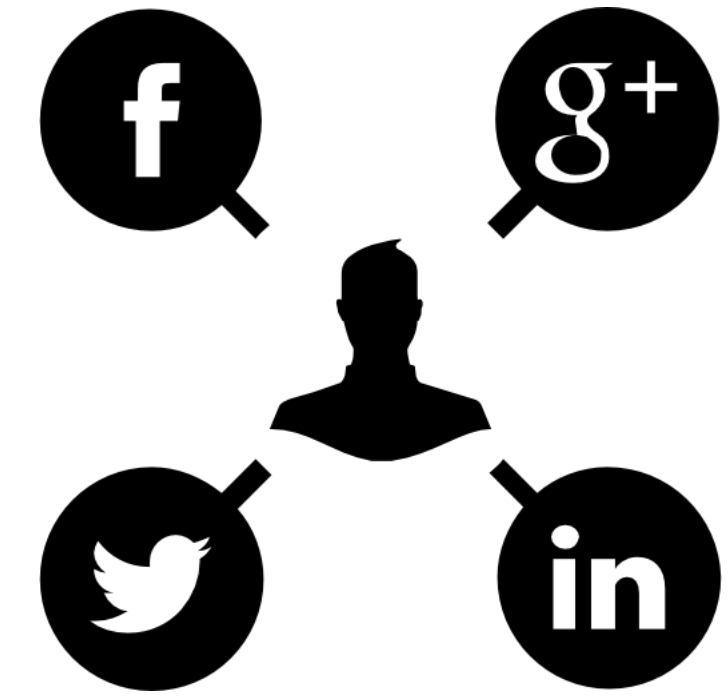
# What can you do in **FIVE** minutes?



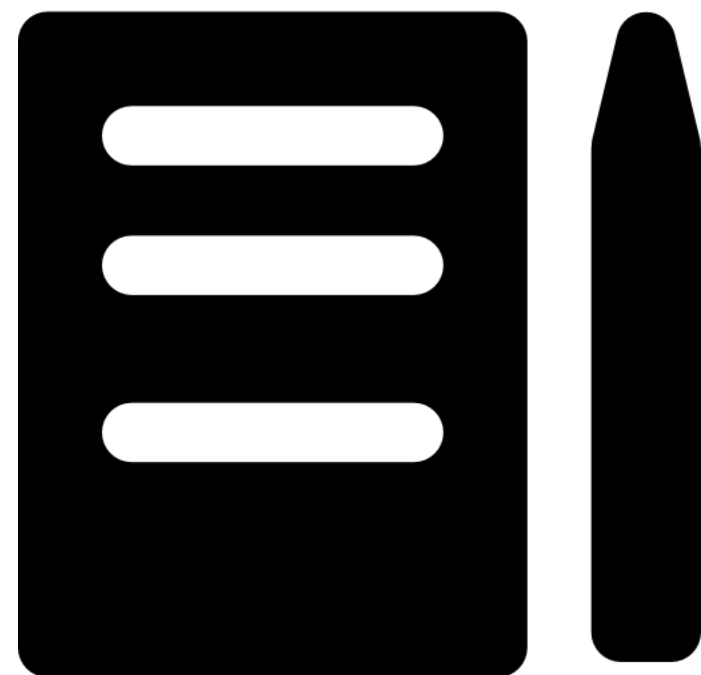
Brainstorm 5 new ideas



Tag 5 articles in your blog feeds to read later



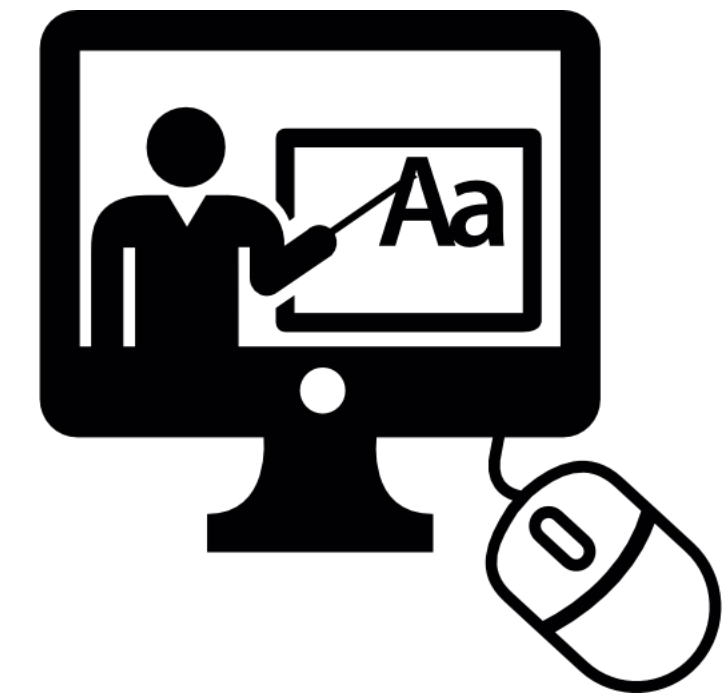
Reach out to 5 contacts on social media



Draft a 5-point blog post outline



Record 5 minutes of audio or video for a podcast



Watch a 5 minute podcast or iTunesU lesson